



**NM Girls Institute**

# Believe in NM Girls 2009

## Sensational Leaders, Amazing Me Conference

### Call for Workshop Presenters

Building on years of successful outreach to New Mexico's teenage girls, the NM Commission on the Status of Women has developed the NM Girls Institute.

The NM Girls Institute will hold the 4th Annual Believe in NM Girls Conference on Friday, October 16 and Saturday, October 17, 2009 at the University of New Mexico Student Union Building. The purpose of the two day conference is to focus on girls' leadership and self-esteem issues.

The NM Girls Institute is currently accepting proposals for workshop presenters interested in volunteering their services. **Please review the following guidelines and return your proposal no later than July 1, 2009.**

- Workshops should be as interactive, hands-on and as energetic as possible. The girls should not feel they are in a classroom setting.
- Ideally, workshop proposals should be girl-led or co-presented by girls.
- The conference fee for the girls is only \$10. We wish to keep the cost minimal for the girls, so we are unable to offer monetary compensation for our presenters.
- If your organization has expertise in more than one area, you may submit more than one

proposal.

- We have consulted girls on workshop topics. Although there may be opportunities for other topics, these are the main focus topics:

#### Identified Topics:

##### Leadership Track—

Communication Skills  
Basics of Leadership  
Stress Management  
Public Speaking  
Goal Setting

##### Self-Esteem Track —

Journaling  
Expressions through Dance  
Expressions through Art  
Positive Body Image  
Expressions through Drama

##### Defining My Future Track—

Career Exploration  
Successful College Planning  
Resume Writing  
Money Management  
Etiquette (Social and Business)

Contact Name: \_\_\_\_\_ Job Title: \_\_\_\_\_

Names and ages of **YOUTH** presenters:

|       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

Organization: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Track:  Leadership  Self-Esteem  Defining My Future

Topic of Workshop: \_\_\_\_\_

Proposed Workshop Title: \_\_\_\_\_

Overall Goal of Workshop Presentation: \_\_\_\_\_

\_\_\_\_\_

Description: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please describe the interactive or hands-on aspect to this workshop: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Will the primary workshop facilitator(s) be youth?  Yes  No

Will the adult facilitators in the workshop be female?  Yes  No, but a female co-presenter will be present

Will you provide any handouts?  Yes  No

**AUDIO-VISUAL NEEDS:**

\_\_\_ TV/VCR/DVD                      \_\_\_ Overhead Projector                      \_\_\_ Screen for Power Point

\_\_\_ Other: \_\_\_\_\_

*Please note we do not have Power Point projectors or computers available.*

The workshops are scheduled during the following times. Please indicate what times work best for you. **We cannot guarantee workshop times until you receive your confirmation packet.**

Friday, October 16th      3:15-4:30 PM                      \_\_\_\_\_  
Saturday, October 17th 10:45-12:00 PM                      \_\_\_\_\_  
Saturday, October 17th    1:45-3:00 PM                      \_\_\_\_\_  
Saturday, October 17th    3:15-4:30 PM                      \_\_\_\_\_

**\*\* Please attach a short bio for each of the workshop presenters.** This biographical material may be used for publicity and for introductions prior to your workshop.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**The NM Girls Institute will contact all potential presenters by August 3, 2009.  
If you have any questions, please contact Kathi Brown at (505) 222-6600.**

**Please submit your proposal to:**

**Kathi Brown  
NMGI Coordinator  
300 San Mateo Blvd. NE, Suite 101  
Albuquerque, NM 87108**

**or via email at  
info@nmgirlsinstitute.org**